

SOUTH Elementary Sites:

ILC - Lindstrom - Foster
Jefferson - Williams

NORTH Elementary Sites:

Baxter - Pyle - Ramona
Washington - Woodruff

Secondary Site:

LF

**KEY:**

Served Warm
(Breakfast)



Freshly Prepared



Bellflower Unified School District

February 2024

Elementary & Secondary Menu

(Breakfast & Lunch will be served at all sites)

We are an Equal Opportunity Provider. This Menu is Subject to Change Without Prior Notice.

Daily Choices:

Breakfast & Lunch:
Juice and Fruit Variety

Milk Options (choose 1):

Non-fat Milk, 1% Milk,
NF Chocolate* (M & F)

Condiments:

Mustard, Ketchup, Mayo,
BBQ, Ranch & Italian
Dressing, Syrup

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>Chocolate Donut or Pancake on Stick w/ Syrup Mixed Fruit</p> <p>Orange Chicken Steamed Rice Steamed Broccoli or Corn Dog Celery w/ Ranch Pkt Pineapple Spears</p>	<p>Cereal & Craisins or Breakfast Fruit Pizza</p> <p>Mac and Cheese Dinner Roll Baby Carrots w/ Ranch Pkt or Chicken Chipotle Pocket Fruit Cup</p>
<p>Cereal & Craisins or French Toast Sticks w/ Apple Glaze</p> <p>Chicken Taco Salad w/ Cilantro Ranch Dressing or Bean & Cheese Pupusa Salsa Orange Juice</p>	<p>Concha Variety or Pork Sausage Sandwich Mixed Fruit</p> <p>Chicken Broccoli Alfredo Garlic Toast Romaine Salad w/ Italian Dressing Pkt or Chicken Sandwich w/ Ketchup, BBQ Pkt Cantaloupe Chunks</p>	<p>Cereal & Craisins or Yogurt Parfait</p> <p>Cheesy Beef Nachos Pinto Beans or Cheese & Deep Dish Pepperoni Pizza Romaine Salad w/ Ranch Dressing Apple Slices</p>	<p>Chocolate Donut or Pancake on Stick w/ Syrup Mixed Fruit</p> <p>Chicken Drumstick Dinner Roll Loaded Mashed Potatoes or Grilled Cheese Sandwich Baby Carrots w/ Ranch Pkt Pineapple Spears</p>	<p>Cereal & Craisins or Waffle w/ Banana & Syrup Pkt</p> <p>Chicken Enchilada Casserole Tortilla Chips & Salsa or Chicken Nuggets Baby Carrots w/ Ranch Pkt Fruit Cup</p>
<p>Cereal & Craisins or French Toast Sticks w/ Apple Glaze</p> <p>Tomato Bisque w/ Grilled Ham & Cheese Sandwich or Chicken Taquitos Salsa Very Berry Juice</p>	<p>Concha Variety or Breakfast Bites Mixed Fruit</p> <p>Spaghetti & Meat Sauce w/ Garlic Toast Cheese Stick Romaine Salad w/ Ranch Dressing or Pull Apart Cheese Bread Marinara Sauce Cup Cantaloupe Chunks</p>	<p>Cereal & Craisins or Yogurt Parfait</p> <p>Green Chile Beef Burrito w/ Ranch Style Beans or Cheese & Deep Dish Pepperoni Pizza Romaine Salad w/ Ranch Dressing Apple Slices Holiday Cookie</p>	<p>Chocolate Donut or Pancake on Stick w/ Syrup Mixed Fruit</p> <p>Orange Chicken Steamed Rice Steamed Broccoli or Corn Dog Celery w/ Ranch Pkt Pineapple Spears</p>	<p>Abraham Lincoln Day No School</p>
<p>No School</p>	<p>Concha Variety or Pork Sausage Sandwich Mixed Fruit</p> <p>Chicken Broccoli Alfredo Garlic Toast Romaine Salad w/ Italian Dressing Pkt or Chicken Sandwich w/ Ketchup, BBQ Pkt Cantaloupe Chunks</p>	<p>Cereal & Craisins or Yogurt Parfait</p> <p>Cheesy Beef Nachos Pinto Beans or Cheese & Deep Dish Pepperoni Pizza Celery w/ Ranch Dressing Apple Slices</p>	<p>Chocolate Donut or Pancake on Stick w/ Syrup Mixed Fruit</p> <p>Chicken Drumstick Dinner Roll Loaded Mashed Potatoes or Grilled Cheese Sandwich Baby Carrots w/ Ranch Pkt Pineapple Spears</p>	<p>Cereal & Craisins or Waffle w/ Banana & Syrup Pkt</p> <p>Chicken Enchilada Casserole Tortilla Chips & Salsa or Chicken Nuggets Baby Carrots w/ Ranch Pkt Fruit Cup</p>
<p>Cereal & Craisins or French Toast Sticks w/ Apple Glaze</p> <p>Tomato Bisque and Grilled Ham & Cheese Sandwich or Chicken Taquitos Salsa Very Berry Juice</p>	<p>Concha Variety or Breakfast Bites Mixed Fruit</p> <p>Spaghetti & Meat Sauce w/ Garlic Toast Cheese Stick Romaine Salad w/ Ranch Dressing or Pull Apart Cheese Bread Marinara Sauce Cup Cantaloupe Chunks</p>	<p>Cereal & Craisins or Yogurt Parfait</p> <p>Green Chile Beef Burrito w/ Ranch Style Beans or Cheese & Deep Dish Pepperoni Pizza Romaine Salad w/ Ranch Dressing Apple Slices</p>	<p>Chocolate Donut or Pancake on Stick w/ Syrup Mixed Fruit</p> <p>Orange Chicken Steamed Rice Steamed Broccoli or Corn Dog Celery w/ Ranch Pkt Pineapple Spears</p>	